

EMPOWER Women in Trades and Technologies

Starting January 4th, 2019 **EMPOWER** is a 24 week training program that is designed to provide Indigenous women with increased opportunities for training and apprenticeship in the trades.

There are 9 weeks of Skill development, 12 weeks of Trades Discovery at CNC in their Trades Department, 2 weeks of work experience, 1 week back at PGNAETA for program completion planning and 7 more weeks of wrap around support.

Workplace Based Competency Development (9 weeks)

This component will develop all of the nine essential skills (Writing, Document use, Numeracy, computer use/digital skills, thinking, oral communication, working with others and continuous learning. It will also develop an educational plan pathway to an adult dogwood; IXL on-line delivery of Math and English upgrading (uses BC Curriculum); employment skills delivery will address job search assistance through resume writing, interview skills and job search skills; soft skills delivery will include personal management skills, goal setting, time management, problem solving, decision making, communication, teamwork and ongoing learning; emotional intelligence delivery will include appropriate Indigenous cultural components; weekly Indigenous Elder visits and talks; 3 weeks of essential computer skills including 4 days of Introduction to trades and technologies on computer; trades discovery and research; weekly Guest Speakers from Industry; Public Speakers and short-term skill training will consist of safety certifications. (9 weeks of Skill Development)

Hands On Trades Discovery (12 weeks)

This component is an exciting partnership with The College of New Caledonia (CNC), Prince George campus, which consists of hands on Trades Discovery of four trades with Red Seal instructors. Trades Discovery is the Occupational Skills Training component of our program that develops trade specific technical skills related to four different trades. This component of the program is 12 weeks long and will take place in the John A. Brinks Trades Centre, where participants have access to tools and hands on Trades Discovery including projects. This component also offers credits toward an adult dogwood or regular dogwood.

Work Experience (2 weeks)

After the 12 week Trades Discovery component there will be 2 weeks of "On-the-job-training" that will be established with Industry partnerships to ensure the best possible apprenticeship opportunities for the participants.

Transitional Planning and Aftercare (8 weeks)

This component will bring students back to PGNAETA for a week to finalize their employment or apprenticeship choices. They will be able to update resumes as well as connect with all of the internal PGNAETA supports (Industry Connector, Trades Manager, individual course purchase or tuition support) for their final decisions that will be supported after that initial week back at PGNAETA. From June 21, 2019 participants will have 7 more weeks of wrap around support if needed from program staff and indefinite support from PGNAETA's many internal supports as well as partnerships in Industry that can aid participants and support them in their post program plans.